Reading List

Holt, V. M. 1967. *Why Not Eat Insects?* E. W. Classey Ltd., Hampton, Middlesex. (Originally published in 1885).

Manes, S. 1993. Chocolate-Covered Ants. Apple Publishing.

Menzel, P. and F. D'Aluisio. 1998. *Man Eating Bugs: The Art and Science of Eating Insects.*Ten Speed Press. [This is a strongly recommended, well-written, and beautiful book.]

Naylor, P. R. 1989. Beetles Lightly Toasted. Yearling Books.

Ramos-Elorduy, J. 1998. Creepy Crawly Cuisine. Park St. Press.

Taylor, R. L. 1975. *Butterflies in my Stomach Or: Insects in Human Nutrition.* Woodbridge Press Publishing Company, Santa Barbara, California.

Taylor, R. L. and B. J. Carter. 1995. *Entertaining with Insects Or: The Original Guide to Insect Cookery.* Salutek Publishing Company.

U. S. Food and Drug Administration Center for Food Safety and Applied Nutrition.

1998. The Food Defect Action Levels: Levels for Natural or Unavoidable Defects in Foods that Present no Health Hazards for Humans. United State Government.

Numerous websites deal with eating insects: search for "eating insects" or "entomophagy".

Crustacea at the Natural History Museum of Los Angeles County

http://decapoda.nhm.org Research project on crabs, shrimps, lobsters, etc.